# BHAISHAJYA KALPANA

# Section- - A

## POINT NO. 1:

#### 10 Marks:

- 1. Define *Bhaishajya Kalpana* and write its importance in detail.
- 2. What do you understand by the term *Bhaishajya Kalpana*. Write its importance in the field of Ayurveda.
- 3. Define *Bhaishajya Kalpana* and write its chronological development with regards to the history of Ayurveda.
- 4. Write chronological history of *Bhaishajya Kalpana* in brief.

## 05 Marks:

- 1. Define the term *Bhaishajya Kalpana* in detail.
- 2. What is the meaning of *Bhaishajya Kalpana vijnana*? Write in brief.
- 3. Write chronological history of *Bhaishajya Kalpana*.
- 4. Define *Bheshaja* and explain its different synonyms.
- 5. Write difference between Aushadhi and Bheshaja.
- 6. Define the term Aushadha.
- 7. Define the term *Kalpana* and write its importance in Ayurveda.

## 02 Marks:

- 1. Give definition of Bhaishajya Kalpana.
- 2. Explain the term *Bhaishajya*.
- 3. Explain the term *Bheshaja*.
- 4. Write synonyms of Bheshaja.
- 5. Difference between Aushadhi and Bheshaja.
- 6. Write names of any two *Bhaishajya Kalpana* classical texts along with their authors name.

# POINT NO. 2:

#### 10 Marks:

- 1. Explain fundamental principles of *Bhaishajya Kalpana* with suitable illustrations.
- 2. Write fundamental principles of *Bhaishajya Kalpana* and its importance in Ayurveda.
- 3. Define the term *Paribhaasha* and write its importance in Ayurveda.
- 4. According to fundamental principles of *Bhaishajya Kalpana*, write in detail how *Anukta dravya sangrahana* is done?
- 5. Define the term *Samskara* and write its significance in Ayurveda.

## 05 Marks:

- 1. Define the term *Paribhaasha* and write its importance in Ayurveda in brief.
- 2. Explain the terms Avyakta, Anukta and Leshokta with proper examples.
- 3. How to do Anukta dravya sangrahana?
- 4. In Ayurveda how Aushadha naamkarana is done?
- 5. Write utility of Samskara in Bhaishajya Kalpana.

## 02 Marks:

- 1. Enumerate fundamental principles of Bhaishajya Kalpana.
- 2. Give two examples of Anukta paribhasha.

- 3. Give two examples of Avykta paribhasha.
- 4. Give two examples of Leshokta paribhasha.
- 5. Write two examples of Samskara used in Bhaishajya Kalpana.
- 6. Write ingredients of:
  - (i) Panchatikta
  - (ii) Panchamrita
  - (iii) Panchagavya
  - (iv) Amlapanchaka
  - (v) Mutraashtaka
  - (vi) Kshaaraashtaka

## POINT NO. 3:

## 10 Marks:

- 1. Explain ancient and contemporary systems of 'Maana' in detail.
- 2. Define 'Maana' and compare Kaalinga and Maagadha Maana.
- 3. Give definition of 'Maaná' and correlate ancient Maana with modern system of measurement.
- 4. Compare Kaalinga Maana and Maagadha Maana. Write its importance in Ayurveda.
- 5. Write Maagadha Pautava Maana with its modern metric equivalent measurements.
- 6. Write about *Grahya-Agrahyatva* of raw drugs and the rules for collection of *Nava Puran dravya grahanam* in detail.
- 7. Discuss about the rules regarding the collection of *Shushka -ardra -drava* and write the properties of ideal land (*Prashasta desha*) for collecting drugs.

## 05 Marks:

- 1. Define the term 'Maana' and write its importance.
- 2. Explain Kaalinga Maana in brief.
- 3. Explain *Maagadha Maana* in brief.
- 4. Explain the verse : ..... प्रयोक्तव्या सदैवार्झ द्विगुणा नैव योजयेत्।
- 5. Give reason:

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नवान्येव हि योज्यानि द्रव्याण्यखिलकर्मसु ।
विना विडङ्गकृष्णाभ्यां गुडधान्याज्यमाक्षिकैः ।।
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- 6. Write in detail about *Shushka -ardra –drava- dravya* grahan niyam (rules for collection of dry, fresh and liquid drugs).
- 7. Write about Grahya-Agrahyatva of raw drugs
- 8. Write the rules for collection of Nava Puran dravya grahanam.
- 9. Explain the *Graahyaagraahyataa* of *Aushadha dravyas* and write their methods of collecting with reference to *Kaala*.
- 10. Write the rules regarding collection of *Shushka -ardra -drava* according to the properties of ideal land (*Prashasta desha*).

# 02 Marks:

- 1. State an important principle for collection of dry drugs.
- 2. State an important principle for collection of wet drugs.

- 3. Which drugs should always be taken in dry form?
- 4. Which drugs should always be taken in wet form?
- 5. Which wet drugs should never be doubled during its collection?
- 6. Mention basic difference between Kaalinga Maana and Maagadha Maana.
- 7. How many *Ratti* makes a *Pala*?
- 8. How many *Pala* makes a *Prastha*?
- 9. How many Tola makes a Pala?
- 10. How many *Ratti* makes a *Pala*?
- 11. How many Shaana makes a Kudava?
- 12. How many Pala makes a Kudava?
- 13. How many *Tulaa* makes a *Bhaara*?
- 14. How many Pala makes a Tulaa?

Write metric equivalents of the following:

- 15. 1 *Ratti* = \_\_\_\_\_ mg/g?
- 16. 1 *Masha* = \_\_\_\_\_ mg/g?
- 17. 1 *Karsha* = \_\_\_\_\_ mg/g?
- 18. 1  $Tola = ____ mg/g?$
- 19. 1 *Pala* = \_\_\_\_\_ mg/g?
- 20. 1 *Kudava* = \_\_\_\_\_ mg/g?
- 21. 1 *Prastha* = \_\_\_\_\_ mg/g?
- 22. 1 *Drona* = \_\_\_\_\_ mg/g?
- 23. 1 *Khari* = \_\_\_\_\_ mg/g?
- 24. 1 *Tula* = \_\_\_\_\_ mg/g?
- 25. 1 *Angula* = \_\_\_\_\_ inch?
- 26. 1 *Aratni* = \_\_\_\_\_ inch?
- 27. 1 *Hasta* = \_\_\_\_\_ inch?
- 28. 1 *Rajahasta* = \_\_\_\_\_ inch?
- 29. 1 *Kala* = \_\_\_\_\_ time?
- 30. 1 *Muhurta* = \_\_\_\_\_ time?
- 31. 1 *Ahoratra* = \_\_\_\_\_ time?
- 32. 1 *Paksha* = \_\_\_\_\_ time?
- 33. 1 *Maasa* = \_\_\_\_\_ time?
- 34. 1 *Ritu* = \_\_\_\_\_ time?
- 35. 1 *Ayan* = \_\_\_\_\_ time?
- 36. 1 *Yuga* = \_\_\_\_\_ time?

# POINT NO. 4:

## 10 Marks:

- 1. Write the guidelines regarding collection, storage and preservation of *Aushadhi dravya* in detail.
- 2. Describe Saveeryataa Avadhi of various preparations and their Pareekshana vidhi.
- 3. Explain concept of *Saveeryataavadhi* (shelf life) and stability in ancient and contemporary science.

- 1. Write Ayurvedic method of collection, storage and preservation of raw drugs.
- 2. Write stability period of various Ayurvedic preparations.
- 3. What is Saveeryatavadhi? Explain with suitable example.
- 4. How is the stability period of a product evaluated?

#### 02 Marks:

- 1. Write shelf-life period of : *Churna*.
- 2. Write shelf-life period of: Panchavidha Kashaya Kalpana.
- 3. Write shelf-life period of : Laksha Kalpana.
- 4. Write shelf-life period of : *Paaniya Kalpana*.
- 5. Write shelf-life period of : Avaleha Kapana.
- 6. Write shelf-life period of : Arjuna Ksheerapaka Kalpana.
- 7. Write shelf-life period of : Vati Kalpana.
- 8. Write shelf-life period of : *Kshara Kalpana*.
- 9. Write shelf-life period of : Masi Kalpana.
- 10. Write shelf-life period of : Shata dhauta Ghrita.
- 11. Write shelf-life period of: Gandhaka Malahara.
- 12. Write shelf-life period of : *Takra Kalpana*.
- 13. Write shelf-life period of : *Triphala Kashayam*.
- 14. Write shelf-life period of : *Kumaryaasava*.
- 15. Write shelf-life period of : Rasaanjana.
- 16. Write shelf-life period of : Lavana Kalpana
- 17. Write shelf-life period of: Shaarkara Kalpana.
- 18. Write shelf-life period of : *Panchavidha Kashaya Kalpana*.
- 19. shelf-life period of: Guduchi Sattva.
- 20. Write shelf-life period of : *Arka Kalpana*.
- 21. Write shelf-life period of : Anu Tailam.

# POINT NO. 5:

# 10 marks:

- 1. Write Write about *Bheshajprayogavidhi* in terms of *Aushadha Matra*, *Anupana* and *Aushadh sevan kaala*.
- 2. How *Aushadha Matra* is estimated according to Ayurveda and modern system of medicine?
- 3. Define *Anupana* and write its importance.
- 4. Explain different Aushadha sevan kaala with proper illustrations.

## 05 marks:

- 1. Write about various *Bheshajaprayogavidhi* in brief.
- 2. Write the method to evaluate Aushadha Matra according to Sharangdhara Samhita.
- 3. Explain *Anupana* with suitable examples.
- 4. Differentiate between Anupana and Sahapana.

## 02 marks:

1. Write therapeutic dose of : Putapaka Swarasa

- 2. Write therapeutic dose period of : *Churna*.
- 3. Write therapeutic dose of : Sudarshana Phaanta.
- 4. Write therapeutic dose of : Laksha Kalpana.
- 5. Write therapeutic dose of : Paaniya Kalpana.
- 6. Write therapeutic dose of : Avaleha Kalpana.
- 7. Write therapeutic dose of : Arjuna Ksheerapaka Kalpana.
- 8. Write therapeutic dose of : Vati Kalpana.
- 9. Write therapeutic dose of : Kshara Kalpana.
- 10. Write therapeutic dose of : Masi Kalpana.
- 11. Write therapeutic dose of : Shata dhauta Ghrita.
- 12. Write therapeutic dose of : Gandhaka Malahara.
- 13. Write therapeutic dose of : *Takra Kalpana*.
- 14. Write therapeutic dose of: Triphala Kashayam.
- 15. Write therapeutic dose of : *Kumaryaasava*.
- 16. Write therapeutic dose of : Rasaanjana.
- 17. Write therapeutic dose of : Lavana Kalpana
- 18. Write therapeutic dose of : Shaarkara Kalpana.
- 19. Write therapeutic dose of: Panchavidha Kashaya Kalpana.
- 20. Write therapeutic dose of: Guduchi Sattva.
- 21. Write therapeutic dose of : Arka Kalpana.
- 22. Write therapeutic dose of: Anu Tailam.
- 23. Write Anupana of: Hingvashtaka Churna.
- 24. Write Anupana of: Sudarshana Phaanta.
- 25. Write Anupana of: Laksha Rasa.
- 26. Write Anupana of: Kharjuradi Mantha.
- 27. Write Anupana of: Chyavanaprasha Avaleha.
- 28. Write Anupana of : Arjuna Ksheerapaka Kalpana.
- 29. Write Anupana of: Vati Kalpana.
- 30. Write Anupana of: Kshara Kalpana.
- 31. Write Anupana of: Masi Kalpana.
- 32. Write Anupana of: Shata dhauta Ghrita.
- 33. Write Anupana of: Triphala Ghrita.
- 34. Write Anupana of: Takra Kalpana.
- 35. Write Anupana of: Triphala Kashayam.
- 36. Write Anupana of: Kumaryaasava.
- 37. Write *Anupana* of : *Rasaanjana*.
- 38. Write Anupana of: Lavana Kalpana
- 39. Write Anupana of: Shaarkara Kalpana.
- 40. Write Anupana of: Triphala Guggulu.
- 41. Write Anupana of: Guduchi Sattva.
- 42. Write Anupana of : Arka Kalpana.

## POINT NO. 6:

#### 10 marks:

- 1. Define the term *Kashaya* and explain any one *Panchvidha Kashaya Kalpana* with suitable example.
- 2. What is meant by *Kwatha*? Write its general preparation, dose and therapeutic use with an example.
- 3. Write definition of *Swarasa*? Write its different method of preparation, dose and therapeutic use with suitable example.
- 4. What is meant by *Phanta*? Write its general preparation, dose, *Anupana* and therapeutic use with an example.
- 5. Write method of preparation, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Hingvastaka Churna*.
- 6. Write method of preparation, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Sitopaladi Churna*.
- 7. Write method of preparation, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Chyavanprasha avaleha*.
- 8. Write method of preparation, ingredients, therapeutic dose, *anupana* shelf-life, storage and preservation of *Arjunaksheera paka Kalpana*.
- 9. Write method of preparation, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Sanjivani Vati*.
- 10. Write method of preparation, ingredients, therapeutic dose, therapeutic uses, *anupana*, shelf-life, storage and preservation of *Varti Kalpana*.
- 11. Write method of preparation, ingredients, therapeutic dose, therapeutic uses, *anupana*, shelf-life, storage and preservation of *Arka Kalpana*.
- 12. Write method of preparation, ingredients, therapeutic dose, indications *anupana*, shelf-life, storage and preservation of *Amruta Sattva*.
- 13. Write method of preparation, ingredients, therapeutic dose, indications, *anupana*, shelf-life, storage and preservation of *Lavana Kalpana*.
- 14. Write method of preparation, ingredients, therapeutic dose, therapeutic uses, *anupana*, shelf-life, storage and preservation of *Masi Kalpana*.
- 15. Write method of preparation, ingredients, therapeutic dose, therapeutic uses, *anupana*, shelf-life, storage and preservation of *Triphala Guggulu*.
- 16. Write method of preparation, ingredients, therapeutic dose, therapeutic uses, *anupana*, shelf-life, storage and preservation of *Kshara Kalpana*.
- 17. Write method of preparation, ingredients, therapeutic uses, shelf-life, storage and preservation of *Kshara sutra*.

- 1. Explain the term *Kashaya* in brief.
- 2. What are Panchvidha Kashaya Kalpana, explain any one in brief.
- 3. What are the *Kashaya yoni* and why these are five in number?
- 4. Explain Swarasa Kalpana in brief.
- 5. Explain Swarasa Kalpana in brief.
- 6. Explain Kalka Kalpana in brief.
- 7. Explain *Hima Kalpana* in brief.
- 8. Explain *Phanta Kalpana* in brief.

9. Explain:

अपिधानमुखे पात्रे जलं दुर्जरतां व्रजेत्। तस्मादावरणं त्यक्त्वा क्वाथादीनां विनिश्चयः।।

- 10. Write *Putapaka Swarasa* method with suitable example.
- 11. Differentiate: Kalka and Churna
- 12. Describe Churna Kalpana.
- 13. Explain:

शुष्कपिष्टः सूक्ष्मतान्तवपटच्युतश्चर्णः । तस्य समस्तद्रव्यापरित्यागादाप्लुतोपयोगाच्च कल्कादभेदः ।।

14. Explain:

अत्यन्तशुष्कं यद्द्रव्यं सुपिष्टं वस्त्रगालितम् । तत्स्याच्चूणें रजः क्षोदस्तन्मात्रा कर्षसंमिता ।।

- 15. Differentiate: Hima & Phanta
- 16. Explain:

क्षुण्णं द्रव्यपलं सम्यक्षड्भिर्नीरपलैः प्लुतम् । निशोषितं हिमः स स्यात्तथा शीतकषायकः ।।

- 17. Describe Pramathya Kalpana.
- 18. Describe Aushadha siddha paniya.
- 19. Describe Tandulodaka.
- 20. Explain:

कण्डितं तण्डुलपलं जलेऽष्टगुणिते क्षिपेत्। भावियत्वा जलं प्राह्यं देयं सर्वत्र कर्मस्।।

- 21. Describe Laksha rasa.
- 22. Explain:

षड्गुणेनाम्भसा लाक्षां दोलायन्त्रे विपाचयेत् । त्रिसप्तघा परिस्त्राच्या लाक्षारसमिमं विदु: ।।

- 23. Describe Mantha Kalpana.
- 24. Describe Panaka Kalpana.
- 25. Describe Arka Kalpana.
- 26. Describe Churna Kalpana.
- 27. Describe Rasakriya.
- 28. Describe Avaleha.
- 29. Explain:

क्वाथादीनां पुनः पाकाद् घनत्वं सा रसक्रिया । सोऽवलेहश्च लेहः स्यात् तन्मात्रा स्यात्यलोन्मिता ।।

- 30. Describe Ghana.
- 31. Explain:

सुपक्वे तन्तुमत्त्वं स्यदवलेहोऽप्सु मज्जित । स्थिरत्वं पीडिते मुद्रागन्धवर्णरसोद्भवः ।।

- 32. Describe Sattva.
- 33. Explain:

ऊर्ध्वजत्रुजरोगघ्नी सायं स्यादवलेहिका। अधोरोगहरी या तु सा पूर्व भोजनान्मता।।

- 34. Describe Syrup.
- 35. Describe Shaarkara.
- 36. Describe Ksheerapaka Kalpana.
- 37. Describe Guggulu Kalpana.
- 38. Describe Vati Kalpana
- 39. Describe Varti Kalpana
- 40. Describe Kshara Kalpana
- 41. Describe Masi Kalpana
- 42. Describe Lavana Kalpana
- 43. Describe Kshara sutra.
- 44. Describe method of preparation of Tablets.
- 45. Describe method of preparation of Pills.
- 46. Describe method of preparation of Capsule.
- 47. Describe method of preparation of Suppository.
- 48. Describe method of preparation of *Kshara sutra*.
- 49. Differentiate: Shaarkara & Panaka
- 50. Differentiate: Avalehapaka & Gudapaka
- 51. Differentiate: Phanita & Avaleha
- 52. Differentiate: Prasha & Avaleha
- 53. Difference between Swarasa and Putapaka swarasa
- 54. Advantages of Vati Kalpana
- 55. Advantages of Avaleha Kalpana
- 56. Advantages of Sattva Kalpana
- 57. Advantages of Shaarkar Kalpana
- 58. Advantages of *Ksheerpaka Kalpana*
- 59. Disadvantages of Tablet and Capsule
- 60. Disadvantages of Churna

- 1. Write ingredients of: Sitopaladi Churna
- 2. Write ingredients of: Hingvastaka Churna
- 3. Write ingredients of : Vasa avaleha
- 4. Write ingredients of : Triphala Guggulu
- 5. Write ingredients of : Arjuna ksheera paka
- 6. Write ingredients of : Sanjivani Vati
- 7. Write ingredients of : Arka Lavana
- 8. Write ingredients of : Rasanjana
- 9. Write ingredients of : Kshara sutra
- 10. Write ingredients of : Tandulodaka
- 11. Write therapeutic uses of: Sitopaladi Churna
- 12. Write therapeutic uses of: Hingvastaka Churna
- 13. Write therapeutic uses of : Vasa avaleha
- 14. Write therapeutic uses of: Triphala Guggulu
- 15. Write therapeutic uses of : Arjuna ksheera paka

- 16. Write therapeutic uses of : Sanjivani Vati
- 17. Write therapeutic uses of : Arka Lavana
- 18. Write therapeutic uses of : Rasanjana
- 19. Write therapeutic uses of : Kshara sutra
- 20. Write therapeutic uses of: Tandulodaka

# POINT NO. 7:

#### 10 marks:

- 1. Write any 10 names of modern instruments/equipments that are used now-a-days in Ayurvedic pharmacies and explain any two instruments in detail along with illustrations.
- 2. Mention Machineries, Method of Preparation, Types, Dose, Shelf life, advantages and disadvantages for the preparation of Tablets.
- 3. Enumerate the list of Machineries required for the preparation of *Avaleha* and explain any two in detail.
- 4. Enumerate the list of Machineries required for the preparation of Capsules and explain any two in detail.
- 5. Enumerate the list of Machineries required for the preparation of Ointment and explain any two in detail.
- 6. Enumerate the list of Machineries required for the preparation of *Churna* and explain any two in detail.
- 7. Enumerate the list of Machineries required for the preparation of Suppositories and explain any two in detail.

- 1. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies and explain any one in detail.
- 2. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of Tablets and explain any one in detail.
- 3. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of Capsules and explain any one in detail.
- 4. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of *Churna* and explain any one in detail.
- 5. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of Ointments and explain any one in detail.
- 6. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of *Avaleha* and explain any one in detail.
- 7. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of medicated Oils and explain any one in detail.
- 8. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of *Asava-Arishta* and explain any one in detail.
- 9. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of *Guggulu* tablets and explain any one in detail
- 10. Write any 5 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of *Kwatha* and explain any one in detail.

- 11. Explain the following with a proper diagram:
  - (a) Disintegrator
  - (b) End Runner
  - (c) Edge Runner
  - (d) Sieve-Shaker
  - (e) Granulator
  - (f) Tableting machine
  - (g) Pill making machines
  - (h) coating and polishing pan
  - (i) capsule filling machine
  - (i) sieves and mesh
  - (k) Mixer & Grinder

- 1. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies.
- 2. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of Tablets.
- 3. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the production of Capsules.
- 4. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the preparation of *Churna*.
- 5. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the preparation of *Avaleha*.
- 6. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the preparation of *Kwatha*.
- 7. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the preparation of *Asava-Arishta*.
- 8. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the preparation of medicated oils.
- 9. Write any 4 names of modern instruments/equipments that are used now-a-days in Ayurvedic Pharmacies for the preparation of *Ointments*.

## POINT NO. 8:

- 1. Define 'Sneha Kalpana' and explain Sneha-murcchana, Sneha-paka vidhi, Sneha-siddhi Lakshanas in detail.
- 2. Write definition of *Sneha Kalpana* and mention types of *Sneha, Sneha yoni, Sneha murcchana, Sneha paka vidhi* and *Sneha siddhi Lakshana* in detail.
- 3. What are the main components used for preparing *Taila*? Write about the *taila pakas* with their identifying methods and uses.
- 4. Write preparatory method, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Triphala Ghrita*.
- 5. Write method of preparation, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Anutailam*.
- 6. Write method of preparation, ingredients, therapeutic dose, therapeutic uses *anupana*, shelf-life, storage and preservation of *Brahmi Ghrita*.
- 7. Write *Sneha murchhana* method, preparatory method, ingredients, therapeutic dose, therapeutic uses, shelf-life, storage and preservation of *Narayan Tailam*.

- 1. Define 'Sneha Kalpana'.
- 2. Explain Sneha-murcchana
- 3. Write importance of Sneha-murcchana
- 4. Write importance of Sneha-paka kalpana
- 5. Write importance of *Ghee*
- 6. Write importance of Tila taila
- 7. Explain:

# कल्काच्चतुर्गुणीकृत्य घृतं वा तैलमेव वा। चतुर्गुणे द्रवे साध्यं तस्य मात्रा पलोन्मिता।।

- 8. Explain Sneha-paka vidhi
- 9. Explain Sneha-siddhi Lakshanas
- 10. Explain types of Sneha
- 11. Explain Taila-murcchana
- 12. Explain Ghrita-murcchana
- 13. Explain Sneha-paatra paka
- 14. Explain Sneha-gandha paka

#### 02 marks

- 1. Write types of 'Sneha'.
- 2. Write basic components required for *Sneha-paka Kalpana*.
- 3. Write ingredients required for Taila-murcchana.
- 4. Write ingredients required for Ghrita-murcchana
- 5. Write ingredients of Triphala Ghrita
- 6. Write ingredients of Anu tailam
- 7. Write ingredients of Narayan tailam
- 8. Write ingredients of Brahmi Ghrita
- 9. Write uses of *Triphala Ghrita*
- 10. Write uses of Anu tailam
- 11. Write uses of Narayan tailam
- 12. Write uses of Brahmi Ghrita
- 13. Write therapeutic dose of Triphala Ghrita
- 14. Write therapeutic dose of Anu tailam
- 15. Write therapeutic dose of Narayan tailam
- 16. Write therapeutic dose of Brahmi Ghrita

## POINT NO. 9:

- 1. Define 'Sandhana Kalpana' and write main components, preparatory method, confirmatory tests, general dose, storage and preservation of Asava-Arishta.
- 2. Write definition of *Sandhana Kalpana*, its classification, general preparatory method, *siddhi lakshanas*, properties and general dose of *Asava-Arishta*.
- 3. What is meant by *Madya*? Explain ingredients, preparatory method, confirmatory tests, therapeutic uses and dose of *Drakshaarishta*.
- 4. Write difference between *Asava* and *Arishta*. Mention ingredients, preparatory method, therapeutic uses, dose and *anupana* of *Ashokarishta*.
- 5. Write difference between *Asava* and *Arishta*. Mention ingredients, preparatory method, therapeutic uses, dose and *anupana* of *Takraarishta*.
- 6. Write difference between *Asava* and *Arishta*. Mention ingredients, preparatory method, therapeutic uses, dose and *anupana* of *Kumaaryaasava*.

- 7. Write difference between *Asava* and *Arishta*. Mention ingredients, preparatory method, therapeutic uses, dose and *anupana* of *Chandanaasava*.
- 8. Write difference between *Asava* and *Arishta*. Mention ingredients, preparatory method, therapeutic uses, dose and *anupana* of *Dashmulaarishta*.

- 1. Write definition of 'Sandhana Kalpana'.
- 2. Write classification of Sandhana Kalpana.
- 3. Write importance of Sandhana Kalpana.
- 4. What is *Madya?* Write its properties.
- 5. Short note on:
  - (i) Asava
  - (ii) Arishta
  - (iii) Sura
  - (iv) Maireya
  - (v) Suraasava
  - (vi) Shukta
  - (vii) Kanjika
  - (viii) Sauviraka
  - (ix) Tushodaka
  - (x) Sidhu Kalpana
  - (x) Sianu Kaipana
  - (xi) Siddhi lakshanas of Asava-Arishta

#### 02 marks

- 1. Write therapeutic dose & uses of 'Sandhana Kalpana'.
- 2. Shelf-life and anupana of Asava-Arishta
- 3. What is *Prasanna*?
- 4. What is *Kaadambari*?
- 5. What is Medaka?
- 6. What is *Jagala*?
- 7. What is *Bakkasa*?
- 8. Write 2 uses of *Draakshaarishta*.
- 9. Write 2 uses of Dashmulaarishta.
- 10. Write 2 uses of Takraarishta.
- 11. Write 2 uses of Ashokaaarishta.
- 12. Write 2 uses of Kumaaryasava.
- 13. Write 2 uses of Chandanaasava.
- 14. Write 2 uses of Kanjika.

## **POINT NO. 10:**

- 1. Write definition of 'Pathya Kalpana' and explain its importance in Ayurveda.
- 2. What does the terms *Pathya* and *Apathya* stands for? Explain these with proper illustrations.
- 3. Write the concept of *Pathya Ahara* in Ayurveda and explain its role in modern Nutraceutical sciences.
- 4. Give definition of Kritanna and explain its different types in detail.
- 5. Explain the concept of *Pathya* and *Apathya* in Ayurveda and describe *Takra varga* in detail.
- 6. Write difference between Yusha and Yavaagu, explain their types in detail.
- 7. Explain *Aushadhisiddha anna Kalpana* and its different varieties in detail.

8. What are the *Aharayogi Kalpanas* (accessory food articles)? Explain its different varieties in detail.

#### 05 marks

- 1. Write definition of 'Kritanna Kalpana' and its uses
- 2. Short note on: Aushadhisiddha anna Kalpana
- 3. Concept of Pathya Kalpana
- 4. Role of Pathya Ahara in Ayurveda
- 5. Explain: Yusha
- 6. Explain: Yavaagu
- 7. Write short note on:
  - (i) Bhakta Kalpana
  - (ii) Anna Kalpana
  - (iii) Odan
  - (iv) Krishara
  - (v) Mansa rasa
  - (vi) Vesavara
- 8. Difference between: Pathya and Apathya
- 9. Difference between: Yusha and Yavaagu
- 10. Difference between: Peya and Vilepi
- 11. Difference between: Khada and Kaambalika
- 12. Difference between: Raaga and Shaadava
- 13. Difference between: Dadhi and Takra

- 1. Write uses of 'Kritanna Kalpana' in brief.
- 2. Write uses of 'Aushadhisiddha anna Kalpana'
- 3. Write therapeutic uses of 'Yavaagu' in brief.
- 4. Write therapeutic uses of 'Yusha' in brief.
- 5. Write uses of 'Kritanna Kalpana' in brief.
- 6. Write therapeutic uses of 'Manda'
- 7. Write therapeutic uses of 'Khada-Kaambalika'
- 8. Write therapeutic uses of 'Raaga-Shaadava'
- 9. Write therapeutic uses of 'Mamsa rasa'
  - 10. Write the uses of 'Veshvaara'
  - 11. What is *Veshvaara*?
  - 12. What is *Vilepi*?
  - 13. What is *Peyaa*?
  - 14. What is Manda?
  - 15. What is *Yavaagu*?
  - 16. What is *Yusha*?
  - 17. What is *Mamsa rasa*?
  - 18. What is *Odana*?
  - 19. What is *Krishara*?
  - 20. What is *Khada*?
  - 21. What is *Kaambalika*?
  - 22. What is *Raaga*?
  - 23. What is *Shaadava*?
  - 24. What is *Takra*?
  - 25. What is *Udshvit*?
  - 26. What is *Katvara*?

- 27. What is *Mathita*?
- 28. What is *Chhachika*?
- 29. Write ingredients of Peyaa
- 30. Write ingredients of *Manda*?
- 31. Write ingredients of *Yavaagu*?
- 32. Write ingredients of Yusha?
- 33. Write ingredients of *Mamsa rasa*?
- 34. Write ingredients of *Odana*?
- 35. Write ingredients of *Krishara*?
- 36. Write ingredients of *Khada*?
- 37. Write ingredients of Kaambalika?
- 38. Write ingredients of *Raaga*?
- 39. Write ingredients of *Shaadava*?
- 40. Write ingredients of *Katvara*?
- 41. Write ingredients of *Mathita*?
- 42. Write ingredients of Chhachika?

# **SECTION: B**

# POINT NO. 1:

#### 10 marks

- 1. What are Baahyopacharartha Kalpanas (external applications)? Explain it in detail.
- 2. Write definition of 'Lepa Kalpana' and explain its importance in Ayurveda.
- 3. Define *Lepa* and explain its different types, method of preparation and mode of application in detail.
- 4. What is *Malahara Kalpana*? Explain its preparatory method, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation with an example of *Sarjarasa Malahara*.
- 5. What is *Malahara Kalpana*? Explain its preparatory method, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation with an example of *Sarjarasa Malahara*.
- 6. What is *Upanaha Kalpana*? Explain its preparatory method, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation with an example of *Atasi Upanaha*.
- 7. What are *Shata dhauta Ghrita* and *Sahasra dhauta Ghrita*? Explain their preparatory methods, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation.
- 8. Write in detail about semi solid dosage forms- Ointments, Creams, Emulsions, Gels and Lotions.

- 1. Write short note on 'Lepa Kalpana'.
- 2. Write short note on 'Malahara Kalpana'
- 3. What is Sikta taila?
- 4. Write short note on 'Sarjarasa Malahara'
- 5. Write short note on 'Gandaka Malahara'
- 6. Write short note on 'Atasi Upanaha'
- 7. Write short note on 'Shata dhauta Ghrita'
- 8. Write short note on 'Sahasra dhauta Ghrita'
- 9. Write short note on: Ointment

- 10. Write short note on: Creams
- 11. Write short note on: Emulsion
- 12. Write short note on: Gel
- **13.** Write short note on : Lotion
- 14. Differentiate: Lepa and Malahara
- 15. Differentiate: Upnaha and Malahara
- **16.** Differentiate: *Udvartana* and *Avachurnan*
- 17. Differentiate: Shata dhauta Ghrita and Sahasra dhauta Ghrita

- 1. Enumerate types of *Lepa*.
- 2. Write therapeutic uses of 'Lepa'
- 3. Why *Lepa* should not be applied during nights?
- 4. Mention precautions to be taken during *Lepa* application.
- 5. Mention precautions to be taken during *Upnaha* application.
- 6. How *Lepa* should be used?
- 7. Write therapeutic uses of 'Lepa'
- 8. Write therapeutic uses of 'Udvartana'
- 9. Write therapeutic uses of 'Avachurnan'
- 10. Write therapeutic uses of 'Sikta tailam'
- 11. Write therapeutic uses of 'Malahara Kalpana'
- 12. Write therapeutic uses of 'Sarjarasa Malahara'
- 13. Write therapeutic uses of 'Gandhaka Malahara'
- 14. Write therapeutic uses of 'Upanaha'
- 15. Write therapeutic uses of 'Atasi Upanaha'
- 16. Write therapeutic uses of 'Shata dhauta Ghrita'
- 17. Write therapeutic uses of 'Sahasra dhauta ghrita'
- 18. Write ingredients of 'Sikta tailam'
- 19. Write essential ingredients of 'Malahara Kalpana'
- 20. Write ingredients of 'Sarjarasa Malahara'
- 21. Write ingredients of 'Gandhaka Malahara'
- 22. Write essential ingredients of 'Upanaha'
- 23. Write ingredients of 'Atasi Upanaha'
- 24. Write ingredients of 'Shata dhauta Ghrita'
- 25. Write ingredients of 'Sahasra dhauta ghrita'
- 26. Write storage and preservation method of Sarjarasa Malahara
- 27. Write storage and preservation method of Gandhaka Malahara
- 28. Write storage and preservation method of Sikta tailam
- 29. Write storage and preservation method of Atasi Upanaha
- 30. Write storage and preservation method of *Lepa*
- 31. Write storage and preservation method of Shata dhauta Ghrita
- 32. Write storage and preservation method of Sahasra dhauta ghrita

# **POINT NO. 2.1:**

- 1. What are *Netraupacharartha Kalpanas* (Opthalmic preparations)? Explain it various types in detail.
- 2. What is meant by *Netrakalpa*? Explain preparatory method of its different types and mention method of preparation of Eye-drops.

3. Define *Kriyakalpa* and explain its different types with their preparatory methods, mode of administration, dose and therapeutic uses.

## 05 marks

- 1. Short note on Seka.
- 2. Short note on *Draava*.
- 3. Short note on *Pindi*.
- 4. Short note on *Anjana*.
- 5. Short note on *Aschyotana*.
- 6. Short note on *Tarpana*.
- 7. Short note on Vidalaka.
- 8. Short note on *Putapaaka*.

# 02 marks

- 1. Types of Seka.
- 2. Dose of Seka.
- 3. Types of *Draava*.
- 4. Types of Pindi.
- 5. Types of Anjana.
- 6. Types of Aschyotana.
- 7. Types of *Tarpana*.
- 8. Types of Vidalaka.
- 9. Types of Putapaaka.
- 10. Types of *Draava*.
- 11. Dose of Pindi.
- 12. Dose of Anjana.
- 13. Dose of Aschyotana.
- 14. Dose of *Tarpana*.
- 15. Dose of Vidalaka.
- 16. Dose of *Putapaaka*.
- 17. Uses of Seka.
- 18. Uses of *Draava*.
- 19. Uses of *Pindi*.
- 20. Uses of Anjana.
- 21. Uses of Aschyotana.
- 22. Uses of Tarpana.
- 23. Uses of Vidalaka.
- 24. Uses of Putapaaka.

## **POINT NO. 2.2:**

# 10 marks

- 1. What are *Nasyopacharartha Kalpanas* (Nasal preparations)? Explain it various types in detail.
- 2. Define *Nasya* and explain its classification with their preparatory methods, mode of administration, dose and therapeutic uses.

- 1. Short note on Nasya.
- 2. Short note on *Naavana*.
- 3. Short note on Avapidana nasya

- 4. Short note on *Dhmaapana nasya*.
- 5. Short note on *Dhuma nasya*.
- 6. Short note on Marsha Nasya.
- 7. Short note on *Pratimarsha Nasya*.

- 1. Dose of *Naayana*.
- 2. Dose of Avapidana nasya
- 3. Dose of *Dhmaapana nasya*.
- 4. Dose of *Dhuma nasya*.
- 5. Dose of Marsha Nasya.
- 6. Dose of Pratimarsha Nasya.
- 7. Uses of Naavana.
- 8. Uses of Avapidana nasya
- 9. Uses of *Dhmaapana nasya*.
- 10. Uses of *Dhuma nasya*.
- 11. Uses of Marsha Nasya.
- 12. Uses of Pratimarsha Nasya.

# **POINT NO. 2.3:**

#### 10 marks

- 1. What are *Dhumapanartha Kalpanas* (Medicated smoking preparations)? Explain it various types in detail.
- 2. Define *Dhumapana* and explain its classification with their preparatory methods, mode of administration and therapeutic uses.
- 3. What are *Dhupana Kalpanas* (Preparation of fumigation)? Explain it various types in detail.

## 05 marks

- 1. Short note on *Dhumapaana*.
- 2. Short note on Prayigika Dhumapaana
- 3. Short note on Snaihika Dhumapaana
- 4. Short note on Vairechanik Dhumapaana
- 5. Short note on Kaasaghna Dhumapaana
- 6. Short note on Vamaniya Dhumapaana
- 7. Short note on *Dhupana*
- 8. Short note on Dashanga Dhupana
- 9. Short note on Arshoghna Dhupana
- 10. Short note on Kaumarya Dhupana

#### 02. marks

- 1. ingredients of *Dhumapaana*.
- 2. ingredients of Prayigika Dhumapaana
- 3. ingredients of Snaihika Dhumapaana
- 4. ingredients of Vairechanik Dhumapaana
- 5. ingredients of Kaasaghna Dhumapaana
- 6. ingredients of Vamaniya Dhumapaana
- 7. ingredients of *Dhupana*
- 8. ingredients of Dashanga Dhupana
- 9. ingredients of Arshoghna Dhupana

- 10. ingredients of Kaumarya Dhupana
- 11. Uses of *Dhumapaana*.
- 12. Uses of Prayigika Dhumapaana
- 13. Uses of Snaihika Dhumapaana
- 14. Uses of Vairechanik Dhumapaana
- 15. Uses of Kaasaghna Dhumapaana
- 16. Uses of Vamaniya Dhumapaana
- 17. Uses of Dhupana
- 18. Uses of Dashanga Dhupana
- 19. Uses of Arshoghna Dhupana
- 20. Uses of Kaumarya Dhupana

# **POINT NO. 2.4:**

## 10 marks

- 1. What are *Mukhaprayogartha Kalpanas* (Oral liquids and Gargles)? Explain it various types in detail.
- 2. Define *Mukhaprayogartha Kalpanas* and explain its classification with their preparatory methods, mode of administration and therapeutic uses.

#### 05 marks

- 1. Short note on *Kavala*.
- 2. Short note on Gandusha
- 3. Short note on *Manjana*.
- 4. Short note on *Pratisaarana*.
- 5. Differentiate: Kavala Gandusha
- 6. Short note on: Toothpaste
- 7. Short note on: Tooth powder
- 8. Method to make Ayurvedic Gargles
- 9. Method to make Ayurvedic Toothpaste
- 10. Method to make Ayurvedic Tooth powder

#### 02marks

- 1. How much quantity of liquid should be taken in mouth for *Kavala?*
- 2. How much quantity of liquid should be taken in mouth for *Gandusha?*
- 3. Types of Kavala
- 4. Types of gandusha
- 5. Name the drugs taken for Kavala
- 6. Name the drugs taken for Gandusha
- 7. Indications of *Kavala*
- 8. Indications of Gandusha
- 9. Examples of *Kavala*
- 10. Examples of Gandusha

## **POINT NO. 2.5:**

## 10 marks

1. Write definition of *Basti*, mention its classification and describe *Niruha Basti* and *Anuvaasana Basti* in detail.

2. Define *Basti* and explain its classification with their preparatory methods, mode of administration and therapeutic uses.

## 05 marks

- 1. Short note on importance of *Basti*.
- 2. Short note on importance of NiruhaBasti
- 3. Short note on importance of *Anuvaasana Basti*
- 4. Short note on importance of Uttara Basti
- 5. Short note on method of preparation of Basti drava
- 6. Short note on: Samyaka-Asamyaka-Atiyoga Basti lakshanas
- 7. Short note on : Basti Vyaapat
- 8. Short note on: Piccha Basti
- 9. Short note on: Yuktaratha Basti
- 10. Short note on: Madhutailik Basti
- 11. Short note on: Enema

#### 02marks

- 1. How much quantity of liquid should be administered Niruha Basti?
- 2. How much quantity of liquid should be administered Anuvaasana Basti?
- 3. No. of Basti in Karma Basti
- 4. No. of Basti in Kaala Basti
- 5. No. of Basti in Yoga Basti
- 6. How Basti drava mishrana is done?
- 7. Which *purva-karma* are required before *Basti?*
- 8. Length of Basti-netra in Niruha Basti
- 9. Length of Basti-netra in Anuvaasana Basti
- 10. Length of Basti-netra in Uttara Basti

# POINT NO. 3:

## 10 marks

- 1. Define Standardization and explain standardization method of Kaashthaushadhis.
- 2. Write definition of Standardization and describe standards for Churna Kalpana.
- 3. Explain standardization of medicated oil/ghee with suitable example.
- 4. What is Standardization and explain standardization of *Avaleha* with suitable example.
- 5. Explain standardization method of *Vati* with suitable example.
- 6. Explain standardization of *Asava-Arishta* with suitable example.

- 1. Short note on importance of Standardization.
- 2. Short note on : Standardization of Kaasthaushadhis
- 3. Short note on : Standardization of Raw drugs
- 4. Short note on : Standardization of Process
- 5. Short note on: Standardization of Finished drugs
- 6. Short note on: Standardization of Avaleha
- 7. Short note on: Standardization of Churna
- 8. Short note on: Standardization of Taila
- 9. Short note on: Standardization of Ghrita
- 10. Short note on: Standardization of Asava-Arishta
- 11. Short note on: Standardization of Vati
- 12. Short note on : Standardization of Guggulu

- 13. Short note on: Standardization of Kshara
- 14. Short note on: Standardization of Sattva
- 15. Short note on : Standardization of Arka

- 1. For standards of Ayurvedic drugs, which books are followed?
- 2. Need of Standardization?

# POINT NO. 4:

#### 10 marks

- 1. Write brief introduction of Drug and Cosmetics Act 1940 and Rules 1945.
- 2. What does Drug & Cosmetic Act stands for? Write its role in Ayurvedic drugs.

## 05 marks

- 1. Short note on: Drug & Cosmetic Act 1940.
- 2. Short note on: Drug & Cosmetic Act, Rules 1945
- 3. Importance of Drug & Cosmetic Act
- 4. Latest amendments on Drug & Cosmetic Act

## 02marks

- 1. Does Drug & Cosmetic Act applicable to *Vaidya*?
- 2. Who can manufacture the Ayurvedic drugs?
- 3. Who can sell the Ayurvedic drugs?
- 4. How one can get the license to manufacture the Ayurvedic drugs?
- 5. Who issues license to the Ayurvedic pharmacies?
- 6. Who can become a Drug inspector?
- 7. What is the role of Drug inspector?

# POINT NO. 5:

## 10 marks

- 1. Write the concept of *Aushadhi Nirmaanshaalaa* with context to Good Manufacturing Practices (GMP) in accordance to Schedule T.
- 2. What is Good Manufacturing Practices (GMP) in accordance to Schedule T.

#### 05 marks

- 1. Short note on : GMP.
- 2. Short note on: Schedule T

#### 02marks

- 1. According to GMP, what is minimum space required for the production of *Vati*?
- 2. According to GMP, what is minimum space required for the production of Avaleha?
- 3. According to GMP, what is minimum space required for the production of *Taila/Ghrita?*
- 4. According to GMP, what is minimum space required for the production of Capsules?

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# RASASHASHTRA PAPER 2 SECTION- B

# **SECTION: B**

## POINT NO. 1:

#### 10 marks

- 9. What are Baahyopacharartha Kalpanas (external applications)? Explain it in detail.
- 10. Write definition of 'Lepa Kalpana' and explain its importance in Ayurveda.
- 11. Define *Lepa* and explain its different types, method of preparation and mode of application in detail.
- 12. What is *Malahara Kalpana*? Explain its preparatory method, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation with an example of *Sarjarasa Malahara*.
- 13. What is *Malahara Kalpana*? Explain its preparatory method, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation with an example of *Sarjarasa Malahara*.
- 14. What is *Upanaha Kalpana*? Explain its preparatory method, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation with an example of *Atasi Upanaha*.
- 15. What are *Shata dhauta Ghrita* and *Sahasra dhauta Ghrita*? Explain their preparatory methods, essential ingredients, precautions, mode of application, therapeutic indications, dose, shelf-life, storage and preservation.
- 16. Write in detail about semi solid dosage forms- Ointments, Creams, Emulsions, Gels and Lotions.

## 05 marks

- 18. Write short note on 'Lepa Kalpana'.
- 19. Write short note on 'Malahara Kalpana'
- 20. What is *Sikta taila*?
- 21. Write short note on 'Sarjarasa Malahara'
- 22. Write short note on 'Gandaka Malahara'
- 23. Write short note on 'Atasi Upanaha'
- 24. Write short note on 'Shata dhauta Ghrita'
- 25. Write short note on 'Sahasra dhauta Ghrita'
- 26. Write short note on: Ointment
- 27. Write short note on: Creams
- 28. Write short note on: Emulsion
- 29. Write short note on: Gel
- **30.** Write short note on : Lotion
- **31.** Differentiate: *Lepa* and *Malahara*
- 32. Differentiate: Upnaha and Malahara
- **33.** Differentiate: *Udvartana* and *Avachurnan*
- 34. Differentiate: Shata dhauta Ghrita and Sahasra dhauta Ghrita

- 33. Enumerate types of *Lepa*.
- 34. Write therapeutic uses of 'Lepa'
- 35. Why *Lepa* should not be applied during nights?
- 36. Mention precautions to be taken during *Lepa* application.

- 37. Mention precautions to be taken during *Upnaha* application.
- 38. How *Lepa* should be used?
- 39. Write therapeutic uses of 'Lepa'
- 40. Write therapeutic uses of 'Udvartana'
- 41. Write therapeutic uses of 'Avachurnan'
- 42. Write therapeutic uses of 'Sikta tailam'
- 43. Write therapeutic uses of 'Malahara Kalpana'
- 44. Write therapeutic uses of 'Sarjarasa Malahara'
- 45. Write therapeutic uses of 'Gandhaka Malahara'
- 46. Write therapeutic uses of 'Upanaha'
- 47. Write therapeutic uses of 'Atasi Upanaha'
- 48. Write therapeutic uses of 'Shata dhauta Ghrita'
- 49. Write therapeutic uses of 'Sahasra dhauta ghrita'
- 50. Write ingredients of 'Sikta tailam'
- 51. Write essential ingredients of 'Malahara Kalpana'
- 52. Write ingredients of 'Sarjarasa Malahara'
- 53. Write ingredients of 'Gandhaka Malahara'
- 54. Write essential ingredients of 'Upanaha'
- 55. Write ingredients of 'Atasi Upanaha'
- 56. Write ingredients of 'Shata dhauta Ghrita'
- 57. Write ingredients of 'Sahasra dhauta ghrita'
- 58. Write storage and preservation method of Sarjarasa Malahara
- 59. Write storage and preservation method of Gandhaka Malahara
- 60. Write storage and preservation method of Sikta tailam
- 61. Write storage and preservation method of Atasi Upanaha
- 62. Write storage and preservation method of Lepa
- 63. Write storage and preservation method of Shata dhauta Ghrita
- 64. Write storage and preservation method of Sahasra dhauta ghrita

#### **POINT NO. 2.1:**

# 10 marks

- 4. What are *Netraupacharartha Kalpanas* (Opthalmic preparations)? Explain it various types in detail.
- 5. What is meant by *Netrakalpa*? Explain preparatory method of its different types and mention method of preparation of Eye-drops.
- 6. Define *Kriyakalpa* and explain its different types with their preparatory methods, mode of administration, dose and therapeutic uses.

## 05 marks

- 9. Short note on Seka.
- 10. Short note on *Draava*.
- 11. Short note on *Pindi*.
- 12. Short note on Anjana.
- 13. Short note on Aschyotana.
- 14. Short note on *Tarpana*.
- 15. Short note on Vidalaka.
- 16. Short note on *Putapaaka*.

## 02 marks

25. Types of Seka.

- 26. Dose of Seka.
- 27. Types of Draava.
- 28. Types of Pindi.
- 29. Types of Anjana.
- 30. Types of Aschyotana.
- 31. Types of *Tarpana*.
- 32. Types of Vidalaka.
- 33. Types of Putapaaka.
- 34. Types of Draava.
- 35. Dose of *Pindi*.
- 36. Dose of Anjana.
- 37. Dose of Aschyotana.
- 38. Dose of Tarpana.
- 39. Dose of Vidalaka.
- 40. Dose of Putapaaka.
- 41. Uses of Seka.
- 42. Uses of Draava.
- 43. Uses of Pindi.
- 44. Uses of Anjana.
- 45. Uses of Aschyotana.
- 46. Uses of Tarpana.
- 47. Uses of Vidalaka.
- 48. Uses of Putapaaka.

# **POINT NO. 2.2:**

# 11 marks

- 3. What are *Nasyopacharartha Kalpanas* (Nasal preparations)? Explain it various types in detail.
- 4. Define *Nasya* and explain its classification with their preparatory methods, mode of administration, dose and therapeutic uses.

## 05 marks

- 8. Short note on Nasya.
- 9. Short note on Naavana.
- 10. Short note on Avapidana nasya
- 11. Short note on *Dhmaapana nasya*.
- 12. Short note on *Dhuma nasya*.
- 13. Short note on Marsha Nasya.
- 14. Short note on *Pratimarsha Nasya*.

- 13. Dose of Naavana.
- 14. Dose of Avapidana nasya
- 15. Dose of *Dhmaapana nasya*.
- 16. Dose of *Dhuma nasya*.
- 17. Dose of Marsha Nasya.
- 18. Dose of Pratimarsha Nasya.
- 19. Uses of Naavana.
- 20. Uses of Avapidana nasya
- 21. Uses of *Dhmaapana nasya*.

- 22. Uses of Dhuma nasya.
- 23. Uses of Marsha Nasya.
- 24. Uses of Pratimarsha Nasya.

# **POINT NO. 2.3:**

#### 11 marks

- 4. What are *Dhumapanartha Kalpanas* (Medicated smoking preparations)? Explain it various types in detail.
- 5. Define *Dhumapana* and explain its classification with their preparatory methods, mode of administration and therapeutic uses.
- 6. What are *Dhupana Kalpanas* (Preparation of fumigation)? Explain it various types in detail.

## 05 marks

- 11. Short note on *Dhumapaana*.
- 12. Short note on Prayigika Dhumapaana
- 13. Short note on Snaihika Dhumapaana
- 14. Short note on Vairechanik Dhumapaana
- 15. Short note on Kaasaghna Dhumapaana
- 16. Short note on Vamaniya Dhumapaana
- 17. Short note on Dhupana
- 18. Short note on Dashanga Dhupana
- 19. Short note on Arshoghna Dhupana
- 20. Short note on Kaumarya Dhupana

## 03. marks

- 21. ingredients of *Dhumapaana*.
- 22. ingredients of Prayigika Dhumapaana
- 23. ingredients of Snaihika Dhumapaana
- 24. ingredients of Vairechanik Dhumapaana
- 25. ingredients of Kaasaghna Dhumapaana
- 26. ingredients of Vamaniya Dhumapaana
- 27. ingredients of *Dhupana*
- 28. ingredients of Dashanga Dhupana
- 29. ingredients of Arshoghna Dhupana
- 30. ingredients of Kaumarya Dhupana
- 31. Uses of Dhumapaana.
- 32. Uses of Prayigika Dhumapaana
- 33. Uses of Snaihika Dhumapaana
- 34. Uses of Vairechanik Dhumapaana
- 35. Uses of Kaasaghna Dhumapaana
- 36. Uses of Vamaniya Dhumapaana
- 37. Uses of Dhupana
- 38. Uses of Dashanga Dhupana
- 39. Uses of Arshoghna Dhupana
- 40. Uses of Kaumarya Dhupana

# **POINT NO. 2.4:**

- 3. What are *Mukhaprayogartha Kalpanas* (Oral liquids and Gargles)? Explain it various types in detail.
- 4. Define *Mukhaprayogartha Kalpanas* and explain its classification with their preparatory methods, mode of administration and therapeutic uses.

#### 05 marks

- 11. Short note on *Kavala*.
- 12. Short note on Gandusha
- 13. Short note on Maniana.
- 14. Short note on *Pratisaarana*.
- 15. Differentiate: Kavala Gandusha
- 16. Short note on: Toothpaste
- 17. Short note on: Tooth powder
- 18. Method to make Ayurvedic Gargles
- 19. Method to make Ayurvedic Toothpaste
- 20. Method to make Ayurvedic Tooth powder

## 02marks

- 11. How much quantity of liquid should be taken in mouth for Kavala?
- 12. How much quantity of liquid should be taken in mouth for Gandusha?
- 13. Types of *Kavala*
- 14. Types of gandusha
- 15. Name the drugs taken for Kavala
- 16. Name the drugs taken for Gandusha
- 17. Indications of Kavala
- 18. Indications of Gandusha
- 19. Examples of Kavala
- 20. Examples of Gandusha

#### **POINT NO. 2.5:**

## 10 marks

- 3. Write definition of *Basti*, mention its classification and describe *Niruha Basti* and *Anuvaasana Basti* in detail.
- 4. Define *Basti* and explain its classification with their preparatory methods, mode of administration and therapeutic uses.

- 12. Short note on importance of Basti.
- 13. Short note on importance of NiruhaBasti
- 14. Short note on importance of Anuvaasana Basti
- 15. Short note on importance of *Uttara Basti*
- 16. Short note on method of preparation of Basti drava
- 17. Short note on: Samyaka-Asamyaka-Atiyoga Basti lakshanas
- 18. Short note on: Basti Vyaapat
- 19. Short note on: Piccha Basti
- 20. Short note on: Yuktaratha Basti
- 21. Short note on: Madhutailik Basti
- 22. Short note on: Enema

- 11. How much quantity of liquid should be administered Niruha Basti?
- 12. How much quantity of liquid should be administered Anuvaasana Basti?
- 13. No. of Basti in Karma Basti
- 14. No. of Basti in Kaala Basti
- 15. No. of Basti in Yoga Basti
- 16. How Basti drava mishrana is done?
- 17. Which *purva-karma* are required before *Basti?*
- 18. Length of Basti-netra in Niruha Basti
- 19. Length of Basti-netra in Anuvaasana Basti
- 20. Length of Basti-netra in Uttara Basti

## POINT NO. 3:

#### 10 marks

- 7. Define Standardization and explain standardization method of *Kaashthaushadhis*.
- 8. Write definition of Standardization and describe standards for *Churna Kalpana*.
- 9. Explain standardization of medicated oil/ghee with suitable example.
- 10. What is Standardization and explain standardization of *Avaleha* with suitable example.
- 11. Explain standardization method of *Vati* with suitable example.
- 12. Explain standardization of *Asava-Arishta* with suitable example.

#### 05 marks

- 16. Short note on importance of Standardization.
- 17. Short note on: Standardization of Kaasthaushadhis
- 18. Short note on: Standardization of Raw drugs
- 19. Short note on: Standardization of *Process*
- 20. Short note on: Standardization of Finished drugs
- 21. Short note on: Standardization of Avaleha
- 22. Short note on: Standardization of Churna
- 23. Short note on: Standardization of Taila
- 24. Short note on: Standardization of Ghrita
- 25. Short note on: Standardization of Asava-Arishta
- 26. Short note on: Standardization of Vati
- 27. Short note on : Standardization of Guggulu
- 28. Short note on: Standardization of Kshara
- 29. Short note on: Standardization of Sattva
- 30. Short note on: Standardization of Arka

#### 02marks

- 3. For standards of Ayurvedic drugs, which books are followed?
- 4. Need of Standardization?

## POINT NO. 4:

- 3. Write brief introduction of Drug and Cosmetics Act 1940 and Rules 1945.
- 4. What does Drug & Cosmetic Act stands for? Write its role in Ayurvedic drugs.

- 5. Short note on : Drug & Cosmetic Act 1940.
- 6. Short note on: Drug & Cosmetic Act, Rules 1945
- 7. Importance of Drug & Cosmetic Act
- 8. Latest amendments on Drug & Cosmetic Act

#### 02marks

- 8. Does Drug & Cosmetic Act applicable to *Vaidya*?
- 9. Who can manufacture the Ayurvedic drugs?
- 10. Who can sell the Ayurvedic drugs?
- 11. How one can get the license to manufacture the Ayurvedic drugs?
- 12. Who issues license to the Ayurvedic pharmacies?
- 13. Who can become a Drug inspector?
- 14. What is the role of Drug inspector?

# POINT NO. 5:

## 11 marks

- 3. Write the concept of *Aushadhi Nirmaanshaalaa* with context to Good Manufacturing Practices (GMP) in accordance to Schedule T.
- 4. What is Good Manufacturing Practices (GMP) in accordance to Schedule T.

#### 05 marks

- 3. Short note on : GMP.
- 4. Short note on: Schedule T

## 02marks

- 5. According to GMP, what is minimum space required for the production of *Vati*?
- 6. According to GMP, what is minimum space required for the production of Avaleha?
- 7. According to GMP, what is minimum space required for the production of *Taila/Ghrita*?
- 8. According to GMP, what is minimum space required for the production of Capsules?

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