

Gujarat Ayurved University , Jamnagar

College Name:\_\_\_\_\_

Sutika Parikshana (Postpartum Examination)

**PARTICULARS OF THE PATIENT:**

**Name:**

**SR. No.**

**Age:**

**DATE:**

**Cast:**

**OPD NO.**

**Religion:**

**IPD NO.**

**Address:**

**Bed No. :**

**D.O.A.:**

**D.O.D.:**

**Occupation:**

**Diagnosis:**

**Education:**

**Result:**

**Socio-economic Status:**

**Marital Status:**

---

**Pradhana Vedana (Chief complaint):**

**Prashna Pariksha(History of Prasava) :**

**Daily Sutika Examination:-**

Date	Uterine involution	Lochia	Breast milk	Pulse	B.P.	Temp.	Urine	Stool

**Line of Treatment of Sutika :- (1) External –**

**(2)Internal –**

Date	Symptoms	Treatment with Anupana, Kala and Matra	Pathyapathya

**Stanya (Breast Milk) Examination: -**

Time of onset of breast milk:

Lakshana of Suddha Stanya:

Stanya Dushti:

Vata / Pitta/ Kapha / Sannipatik

Specific Treatment / Surgery etc.

**Signature of Student**

**Signature of Teacher**