

AYUVRUT

Celebrating Wisdom of Ayurved



10 March, 2025



From the Vice – Chancellor's Desk

Expanding Access to Ayurved Through Insurance

The inclusion of Ayurved in India's health insurance policies marks a transformative step in making holistic healthcare more accessible and financially viable. On February 28, 2025, I attended a national conference at the National Institute of Homeopathy, where discussions centered on the IRDAI's mandate requiring insurers to provide equal coverage for AYUSH and allopathic treatments. This initiative ensures cashless treatment at recognized Ayurvedic hospitals, sets quality benchmarks, and allows patients to choose Ayurved as a primary healthcare option. As Gujarat Ayurved University, we take pride in contributing to this shift by fostering high treatment standards, evidence-based practice, and global collaboration. With Ayurved gaining trust worldwide, this initiative strengthens its position as a mainstream medical system, reaffirming our commitment to holistic and integrative healthcare.

Dr. Mukul Patel
Vice-Chancellor
Gujarat Ayurved University

Ayurved and Insurance: A Step Towards Mainstream Healthcare

The inclusion of Ayurved in India's health insurance sector marks a transformative step toward making holistic healthcare more accessible and financially viable. Recognizing the increasing trust in traditional medicine, the Insurance Regulatory and Development Authority of India (IRDAI) has mandated that insurance providers extend equal coverage to AYUSH treatments, ensuring cashless treatment at recognized Ayurvedic hospitals and establishing quality benchmarks for institutions.

On February 28, 2025, a national conference was held at the National Institute of Homeopathy, where key stakeholders discussed the future of AYUSH insurance. Among the distinguished dignitaries present was Hon'ble Vice-Chancellor of Gujarat Ayurved University, Dr. Mukul Patel, who shared insights on the impact of these new policies on Ayurvedic practitioners and institutions. The event was also attended by leading policymakers, healthcare professionals, and insurance experts, all emphasizing the importance of financial inclusion for Ayurved treatments.

This initiative is crucial for Ayurvedic practitioners, as it secures financial support for patients while promoting standardization and evidence-based practice in the field. As a premier institution dedicated to Ayurved, Gujarat Ayurved University takes pride in its role in shaping this evolving landscape by fostering high treatment standards, rigorous research, and global collaborations.

With Ayurved gaining trust and recognition worldwide, this initiative strengthens its position as a mainstream medical system. Dr. Mukul Patel highlighted the importance of continued efforts in education, research, and policy development, ensuring that holistic healthcare remains a sustainable and accessible choice for all.



A Legacy of Excellence: Celebrating the Samavartan Sanskar of the 2018-19 BAMS Batch

The Samavartan Sanskar of the 2nd batch (2018-2019) of BAMS (Ayurvedacharya) graduates was a momentous occasion, marking their transition into the noble profession of Ayurveda. Held on February 1, 2025, at the prestigious Pramukh Swami Auditorium in Rajkot, the event was graced by an esteemed gathering of dignitaries, faculty, students, and proud families. The presence of Prof. Vd. Raghuram Bhatt, President of MARB-ISM, NCISM, New Delhi, as the Chief Guest, alongside eminent Guests of Honor including Vd. Mukulbhai Patel, Hon. Vice Chancellor of Gujarat Ayurved University, Jamnagar; Vd. Harshvardhan Jobanputra, RAV Guru and Academic Council Member of GAU; Prof. Bharat Kalasariya, Principal of Government Ayurvedic College, Baroda; and Prof. Vd. Alpesh T. Jarasaiya, Deputy Director of the AYUSH Department, Government of Gujarat, lent grandeur to the event. Special guests Mr. D. V. Mehta and Mr. Jay Mehta further added to the distinguished gathering. The ceremony commenced with a warm welcome speech by Vd. Shreyas Bhalodia, Principal & Medical Superintendent, setting the tone for an evening of celebration and recognition. This was followed by an insightful presentation by Vd. Mehul Joshi, Campus Director, who elaborated on the vision and mission of Global Ayurveda. The atmosphere brimmed with inspiration as Mr. D. V. Mehta addressed the graduates, instilling in them a sense of purpose and dedication. A highlight of the evening was the Sanskrit address by Prof. Raghuram Bhatt, whose words carried the weight of tradition and wisdom, offering invaluable blessings to the young Vaidyas. In a heartfelt recognition of their dedication, all graduates were honored with a souvenir memento and an internship completion certificate, presented by the esteemed guests. One of the most solemn and defining moments of the event was the Charak Pratigya ceremony, conducted by Dr. Harshvardhan Jobanputra, where the graduates took the revered Charak Oath, vowing to uphold the ethics and principles of Ayurveda. To commemorate the journey of the institution and its students, a short video presentation showcased the college and hospital, reflecting the profound impact of Ayurvedic education and healthcare. Adding a cultural flair to the evening, students from various academic years performed in a vibrant cultural program, infusing the ceremony with joy and festivity. The event concluded with a heartfelt Vote of Thanks delivered by Vd. Vijay Telang, Vice Principal, acknowledging the relentless efforts of those who made the occasion a grand success, including the dedicated leadership of Mr. Siddharth Mehta, Trustee; Vd. Mehul Joshi, Campus Director; Vd. Shreyas Bhalodia, Principal & Medical Superintendent; Vd. Vijay Telang, Vice Principal; and the committed Team Global. As the evening drew to a close, the National Anthem resonated through the auditorium, followed by a warm gathering over high tea and snacks, where graduates, faculty, parents, and guests shared in the joy of this significant milestone. The Samavartan Sanskar was more than just a graduation ceremony—it was a celebration of knowledge, tradition, and the unwavering commitment to the ancient science of Ayurveda. As these young practitioners step into their roles as torchbearers of holistic healing, we extend our heartfelt congratulations and best wishes for their journey ahead, confident that they will uphold the legacy of Ayurveda with dedication and excellence.

10 March, 2025



WELCOME TO

SAMAVARTAN SANSKAR

CLASS OF 2018-19

"Honoring Tradition, Celebrating Success,
Embracing New Beginnings"

Organized by,

**Global
Ayurveda**

**GLOBAL INSTITUTE OF AYURVEDA
GLOBAL AYURVEDA HOSPITAL**

Managed By: Shri P. J. Mangrolia Charitable Trust, Rajkot
Rajkot-Bhavnagar Highway, Near Gadgha Patiyyu,
Kasturbadham (Tramba), Rajkot 360020

**Global
Ayurveda**

Managed By: Shri P. J. Mangrolia Charitable Trust

Global Institute Of Ayurveda - Global Ayurveda Hospital
Rajkot-Bhavnagar Highway, Near Gadgha Patiyyu, Kasturbadham (Tramba), Rajkot, 360020.

**Samavartan Samskar
(Farewell Function of Batch 2018 - 2019)**

Prof. Vd. Harshvardhan Jobanputra
B.A. (Hons.) Sanskrit
B.A. (Hons.) Sanskrit, Sahitya Akademi Award, National
AC Member - Global Ayurveda University, Jamnagar

Prof. Vd. Raghuram Bhatta U
MAH - ISM, NCISM, New Delhi

Vd. Mukulbhai Patel
B.A. (Hons.) Sanskrit
B.A. (Hons.) Sanskrit, Sahitya Akademi Award, National
AC Member - Global Ayurveda University, Jamnagar

Prof. Vd. Bharatbhai Kalsariya
Principal GSH, Rajkot College, Vadodra
BOD member - Global Ayurveda University, Jamnagar

Prof. Vd. Alpesh T. Jarsani
B.A. (Hons.) Sanskrit, M.D. (S), Gujarat
AC Member - Global Ayurveda University, Jamnagar

**1st February, 2025
Saturday**

**01:00 pm
onwards**

**Pramukh Swami
Auditorium, Rajkot**

Special Thanks to

Siddharth Mehta | **Vd. Mehul Joshi** | **Vd. Shreyas Bhalodia** | **Vd. Vijay Teli**
Trustee | Campus Director | Principal & Hospital Superintendent | Vice Princip

CME on Cancer Awareness – Observing World Cancer Day



On February 4, 2025, in recognition of World Cancer Day, a special Continuing Medical Education (CME) session on Cancer Awareness was organized at the Indian Institute of Ayurved Research and Hospital, Rajkot. The event featured insightful discussions led by esteemed experts in the field, including Dr. Abdus Sami, Consultant Head and Neck Onco Surgeon, and Dr. Bhavna Joshi, Head of the Shalakya Department and Ayurvedic Oncologist. The session focused on key topics such as cancer prevention, recent advancements in treatment methodologies, and the integrative role of Ayurveda in oncology care. This initiative aimed to enhance awareness, promote early detection, and emphasize holistic approaches in cancer management, reinforcing the commitment to combating this global health challenge.

Suvarnaprashan Camp Held on Pushya Nakshatra



On February 10, 2025, a Suvarnaprashan Camp was successfully organized at the Kaumar Bhritya OPD, coinciding with the auspicious occasion of Pushya Nakshatra. This special initiative aimed to promote children's immunity and overall well-being through the ancient Ayurvedic practice of Suvarnaprashan, a time-honored method believed to enhance health, intellect, and vitality. A total of 53 children benefited from this camp, receiving both Suvarnaprashan doses and regular health check-ups.



The camp was efficiently managed under the dedicated supervision of Dr. Yogesh Trivedi and Dr. Monika Solanki, along with a team of internee doctors who diligently attended to the young participants.

Suvarnaprashan, an Ayurvedic immunization practice, involves administering gold-infused herbal formulations to children to boost their cognitive abilities, immunity, and digestion.



Regular intake is believed to improve concentration, enhance memory, and strengthen resistance against infections, making it a vital tradition for holistic child development. The event reinforced the commitment to natural and preventive healthcare, ensuring a strong foundation for future generations through Ayurvedic wellness practices.

Kaumarbhritya Department Hosts Teachers' Training Workshop

On February 24, 2025, a Teachers' Training Workshop was successfully organized by the Board of Studies, Kaumarbhritya, Gujarat Ayurved University (GAU), Jamnagar. The workshop was graciously hosted by Government Akhandanand Ayurved College, Kolavada, Gandhinagar, bringing together esteemed faculty members to discuss advancements in the field of Kaumarbhritya (Ayurvedic Pediatrics). This training session aimed to enhance teaching methodologies, update educators on the latest developments in Ayurvedic child healthcare, and strengthen academic collaboration.

From Indian Institute of Ayurved Research & Hospital (IIARH), Rajkot, Dr. Seema Gokani and Dr. Monika Solanki actively participated in the workshop, engaging in insightful discussions on improving pediatric Ayurvedic education and clinical practices. Their involvement highlighted the institution's commitment to continuous learning and academic excellence in the field of Ayurveda. The workshop served as a significant platform for sharing knowledge, exchanging ideas, and elevating the standards of Ayurvedic education in Kaumarbhritya, ensuring a brighter future for both educators and students in this specialized discipline.



IIARH Organizes Free Health Check-up Camp in Metoda Village

On February 27, 2025, the Indian Institute of Ayurved Research and Hospital (IIARH) successfully conducted a free multi-disease diagnosis and treatment camp at the Gram Panchayat in Metoda village. This initiative aimed to provide comprehensive healthcare services to the local community, ensuring accessible and holistic medical care.

The camp was conducted with the dedicated efforts of Dr. Rajalakshmi R., Dr. Hirva, and intern doctors—Dr. Krishna, Dr. Vaishali, and Dr. Dilip. Their expertise and commitment played a crucial role in diagnosing and treating various health concerns among the villagers. A total of 37 individuals benefited from this medical camp, receiving expert consultation, necessary treatments, and personalized health advice.

Such outreach programs reflect IIARH's commitment to community healthcare and the promotion of Ayurveda as a sustainable healthcare solution. By organizing regular health camps, the institute continues to bridge the gap between traditional Ayurvedic healing and modern medical advancements, ensuring the well-being of underserved populations.



Pioneer Ayurvedic College & Hospital Celebrates Sports Day with Enthusiasm

Pioneer Ayurvedic College & Hospital, Vadodara, successfully hosted its much-awaited Sports Day on February 6th and 7th, 2025, bringing together students and faculty in an exhilarating celebration of athleticism and teamwork. The event commenced with an inspiring address by Dr. Mita Mashru, Principal, who emphasized the significance of sports in developing discipline, perseverance, and camaraderie.

The Sports Day witnessed active participation from students of BAMS First Senior Batch (2023-24), BAMS First Junior Batch (2024-25), and faculty members, all competing with great zeal. The event featured an array of exciting competitions, including Cricket, Tug of War, Volleyball, Relay Race, and fun games such as Musical Chair, Kho-Kho, Chess, and Carom. The highlight of the event was the Cricket Final between the Senior Batch and the Teaching Staff, a thrilling match that kept the audience engaged till the last moment.

The seamless execution of the event was made possible by the Sports Committee, led by Dr. Pravir Gupta (Head), Dr. Shweta Vekariya, Dr. Meera Khodifad, and Dr. Kavan Zankat. Their dedicated efforts ensured that the event ran smoothly, fostering an environment of healthy competition and sportsmanship.

As the event concluded, the enthusiastic participation of students and faculty members left an indelible mark, reinforcing the importance of physical fitness and teamwork. The Sports Day was not just a competition but a celebration of unity, determination, and the joyous spirit of sports, creating unforgettable memories for all involved.

